



Technology-Based Clinical Supervision Series Outline

Prior to Week 1-Start of Series

- View Introduction to Zoom Videoconferencing Platform
- Attend *Orientation to Technology* One Hour Session
- Watch Youtube videos “Meeting Mindfulness” and “A Video Conference in Real Life”

Week 1 - Elements of Technology-Based Clinical Supervision

- Orientation to Series
 - Group Norms, Expectations, Goals of learning
- Initial set up of TBCS sessions, technology and troubleshooting, reducing supervisor anxiety, understanding digital comfort and competency
- Discuss Learning Activity Videos
- Five (5) Elements of Technology-Based Clinical Supervision
- Learning Activity: Research on Laws and Statutes

Week 2 - TBCS Ethical and Legal Issues

- Discuss Learning Activity -state and federal regulations and standards
- Review TBCS Ethical/Legal issues and the use of technology/HIPPA compliance
- Introduce Good Digital Hygiene concept
- Learning Activity: Read Zur Article and be prepared to discuss

Week 3 - Digital Culture and Cultural Competence

- Discuss Learning Activity: Zur Article
- Digital Culture and cultural competence
- Assign group and/or individual skills-based presentations

Week 4 - Key Benefits and Advocating for TBCS

- Key Benefits and Advocating for TBCS
- Begin Group and/or Individual Presentations
- Learning Activity: Bender Article and questions

Week 5 - Building a Therapeutic Alliance

- Discuss Learning Activity-Bender Article and Questions
- Building a Therapeutic Alliance
- Skills-based Group and/or Individual Presentations begin
- Learning Activity: Research Agency Policies

Week 6 - Agency Policy and next steps for TBCS

- Discuss Learning Activity-Agency Policies
- Good Policies and Practices
- Skills-based Group and/or Individual Presentations continued
- Learning Activity: Hot Topics, Questions to Consider about next steps

Week 7 - The Future of TBCS and Self Reflection

- Discuss Learning Activity-Questions to Consider/Next Steps
- Skills-based Group and/or Individual Presentations continued
- Learning Activity: Self Reflection, review of skills

Week 8 - Final Thoughts and Wrap Up

- Discuss Learning Activity-Self Reflection
- Skills-based Group and/or Individual Presentations continued
- Series Review
- Wrap up