



# Amber's Thread Counseling

## Supervision Contract

This contract serves as verification and description of the supervision provided by Amber Raye Ellis, MA, LAC to \_\_\_\_\_.

1. Purpose Goals and Objectives:
  - a. Monitor and insure welfare of clients.
  - b. Promote Supervisee's professional development and counseling competency.
  - c. Fulfill requirements for supervision towards licensure
2. Context of Services:
  - a. One clock hour of individual supervision per weekly, biweekly or monthly.
  - b. One and a half hours of group supervision weekly, biweekly or monthly.
  - c. Review of taped sessions and case presentations will be required every six months.
  - d. Feedback based on Motivational Interviewing Coaching Techniques, Depth Psychotherapy Perspectives and Cognitive Behavioral Techniques will be used.
  - e. Technology Based Clinical Supervision will include the first session in-person for two hours and then a face to face session at a minimum of every six months.
3. Method of Evaluation:
  - a. The Supervisor will provide verbal feedback every supervision, and a written tape critique will be provided every six months.
  - b. Specific feedback provided will focus on the Supervisee's demonstrated clinical skills, and clinical documentation.
  - c. The topics of supervision will include but are not limited to: the legal and regulatory concerns of duty to warn for child abuse reporting, suicidal and homicidal clients, client's rights, confidentiality and ethical considerations of dual relationships, informed consent and vicarious liability.
4. Duties and Responsibilities of the Supervisor and Supervisee: The Supervisor and Supervisee agree to the following:
  - a. To collaborate to provide consistent, ongoing Clinical Supervision in accordance with regulatory requirements.
  - b. To create an alliance of mutual support and cooperation with a focus on the Supervisee and Supervisor's professional growth and development.
  - c. To meet on scheduled days and times based on the Supervisee's needs for certification or licensure.
  - d. To protect the time and space for clinical supervision and to avoid interruptions.
  - e. To provide a record of clinical supervision to meet the demands of regulation. Although notes are personal to the Supervisee they may be subpoenaed by a court of law.
  - f. To be respectfully open to feedback on how to govern the clinical supervision sessions effectively.
  - g. Technology based clinical supervision will require good technology hygiene and to develop a backup and emergency plan in case of technology failure.
  - h. In person supervision can be requested by either party involved in technology based clinical supervision.



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- i. The Supervisor and Supervisee both agree to challenge aspects of this agreement when they may be in dispute.

Supervisee agrees to:

- a. Prepare for each session having current client files up to date, completed client case notes, case presentations, and counseling session tapes ready for review.
- b. Take responsibility for making effective use of the time, any outcomes and actions resulting from the Clinical Supervision.
- c. Uphold ethical guidelines.
- d. Be able to clinically justify and identify the approach and techniques used with each client's case.
- e. Implement supervisory directives in subsequent sessions.
- f. Be willing to learn and develop clinical skills and or clinical supervisory skills and be open to receiving support and challenge.
- g. In Technology Based Clinical Supervision the supervisee agrees to follow the plan in case of technology failure and to use good technology hygiene.

Clinical Supervisor agrees to:

- a. Have a collaborative approach with an emphasis on case consultation.
- b. Be a supportive consultant to the Supervisee.
- c. Evaluate case presentations and audio taped sessions.
- d. Keep clinical supervision notes confidential, with the following exceptions:
  1. Should the Supervisee disclose any high risk, unethical or illegal practices that are detrimental to the wellbeing of the clients, the Supervisee, the Supervisor or the welfare of the professional practice of psychotherapy and addictions counseling.
  2. The Supervisee signs are release of information and requests the records be released.

5. Supervisors Scope of Competence:

Amber Raye Ellis has a Master's Degree in Counseling from Pacifica Graduate Institute and is a Licensed Addictions Counselor ACD 00000302. She has over 18 years of experience in working with addictions and criminal justice clients and has provided clinical supervision for fourteen years.

6. Terms of Contract: This contract is subject to revision at any time, upon the request of the Supervisor or the Supervisee and changes will be made with both parties agreement.

We agree, to the best of our ability, to uphold the directives specified in this Supervision Contract and to conduct our professional behavior according to the ethical principles of our profession.

Supervisee Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Supervisor Signature: \_\_\_\_\_ Date: \_\_\_\_\_



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