



Motivational Interviewing - Into Practice Week #6 Agenda

1) Welcome

- a) Review Agenda
- b) Check in
- c) Discuss Learning Activity – With Intention:
 - Processing 2nd Scenario and Dialogue
 - Identifying Sustain Talk/Creating Discord
 - Crafting New Responses – Engaging Client and Evoking Change talk

2) Content

- a) PowerPoint slides & Discussion – Deeper Dive into MI concepts of Change Talk, DARN CATS, Evoking Change Talk, and EARS .

3) Assign Learning Activity

- a) Listen to recording of “Jane Says” by the band Jane’s Addiction and Identify Change Talk in song
- b) Pick 3 examples and say what type of CT it is using DARN CATS as guide
- c) Use EARS to craft your response in written format for next class
- d) Summarize Change Talk – Record Your responses and submit for review

4) Wrap Up

- a) Reactions, comments, and questions/feedback