



Motivational Interviewing – Into Practice Assignment Week 6

Watch the video “Part 5 Evoking Change Talk”

1. Identify Change Talk -Pick 3 examples
2. What type of CT you are hearing- using DARN CATS as guide
3. Use EARS to respond to each CT statement identified
4. Develop intentional summary of Change Talk
5. Document your summary for review and group processing next week

VIDEO LINK:

<https://www.youtube.com/watch?v=w7wAcMW8uk8>