



Motivational Interviewing – Into Practice Learning Activity Week #2

1. Focus on the MI Process of Engagement and intentionally bring MI Spirit into a conversation with a new client.
2. After the interaction **reflect on** and **write down** your perception of the following:
 - a. Identify when Engagement began.
 - b. How did Engagement manifest, show up during the conversation?
 - c. What was it like to intentionally use MI Spirit and how does that differ from your previous practice?
 - d. How did MI Spirit manifest, show up during the conversation?