



Workwise

Online Learning for the Behavioral Health Workforce

Motivational Interviewing – Into Practice

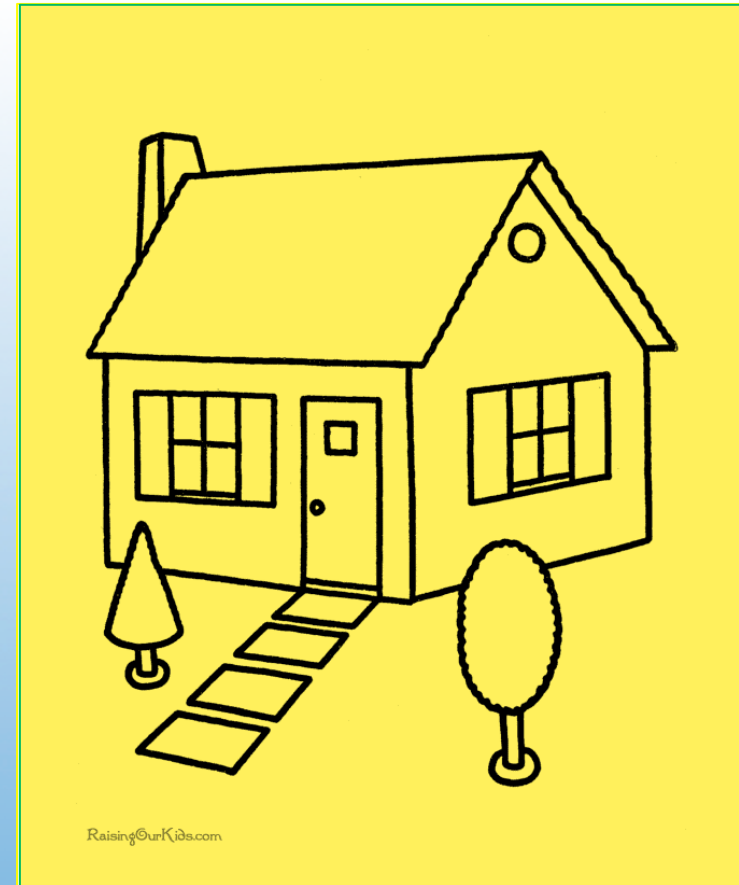
Week #2



Week #2 - Agenda

- Review of Learning Activity
- Motivational Interviewing is Relational & *Directional*
- Intentional OARS
- The Four Processes of Motivational Interviewing
- Ambivalence, two sides of an issue, feeling two ways about the change

Let's Talk About Last Week's ...



Relational & *Directional*



OARS – The Tools You Use

Open ended questions

Affirmations

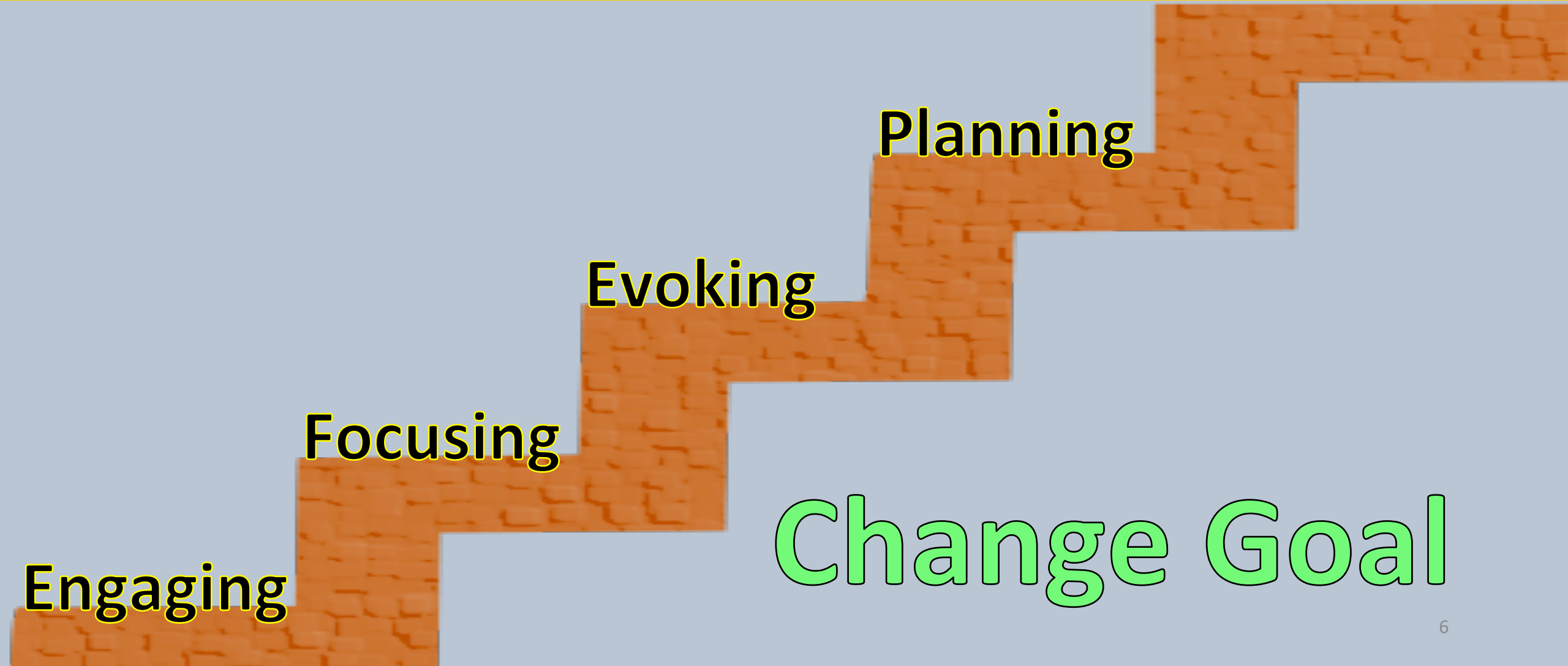
Reflective listening

Summarizing listening



The Four Processes – What You Do

Change



Ambivalence

- Normal
- Common
- Part of the **change process & practice of MI**

Week 2 – Learning Activity

Your

And to all of you ...



... and see you all next week !!!