



Motivational Interviewing Agenda Week #3

1) Welcome

- a) Review Agenda
- b) Check in
- c) Discuss Learning Activity – With Intention:
 - Identifying a Change Goal
 - Engagement as a Process
 - MI Spirit-How does it show up?

2) Content

- a) PowerPoint slides & Discussion introducing MI concepts of Ambivalence, Resistance, Discord, Sustain Talk, and Darn C's

3) Assign Learning Activity

- a) Watch 2 Videos on Dentist and MI . . .and Answer questions / be prepared to discuss

4) Wrap Up

- a) Reactions, comments, and questions/feedback