



## **Motivational Interviewing – Into Practice Week #7 Agenda**

### **1) Welcome**

- a) Review Agenda
- b) Check in
- c) Discuss Learning Activity from Week 6

### **2) Content**

- a) **Managing Sustain Talk**
  - Sustain talk – Discord – Change Talk
  - Intentional Change Talk – Demonstration
  - Recognizing Readiness to Change

### **3) Wrap Up**

- a) Reactions, comments, and questions/feedback
- b) Next Learning Activity – Week 8