



MI Week #4 Agenda

1) Welcome

- a) Review Agenda
- b) Check in
- c) Discuss Learning Activity from Week 3
 - LEARNING ACTIVITY – Watch video 1 – what did the dentist do to evoke sustain talk– Be specific.
 - Watch video 2 – ID Change talk - be specific. What did the Dentist do to evoke change talk? What did the dentist DO with the change talk?

2) Content

- a) Ambivalence vs. Resistance
 - Sustain Talk
 - Discord
 - Change Talk
- b) Developing Discrepancy
 - Decisional Balance

3) Week 4 Learning Activity

4) Wrap Up

- a) Reactions, comments, and questions/feedback