

SBIRT Proficiency Checklist with Cultural Sensitivity Assessment

Screening (3 items)	Not Met	Met
Accurately assesses quantity and frequency of alcohol and/or drug use.	<input type="checkbox"/>	<input type="checkbox"/>
Accurately identifies the patient's level of risk related to their alcohol or other drug use using an appropriate evidence base screening instrument	<input type="checkbox"/>	<input type="checkbox"/>
Assesses possible consequences of the patient's behavior, such as physical, psychosocial and other consequences.	<input type="checkbox"/>	<input type="checkbox"/>
Comments		

Brief Intervention (4 items)	Not Met	Met
Asks permission to provide feedback about the patient's substance use.	<input type="checkbox"/>	<input type="checkbox"/>
Uses reflection and/or open-ended questions to allow patient to react to screening result.	<input type="checkbox"/>	<input type="checkbox"/>
Provides feedback about risks associated with the patient's substance use behavior.	<input type="checkbox"/>	<input type="checkbox"/>
Negotiates a goal with the patient based on steps he/she is willing to take.	<input type="checkbox"/>	<input type="checkbox"/>
Comments		

Follow up (1 item) and Referral to Treatment (2 items)	Not Met	Met
Arranges appropriate follow-up (specialist, counseling, referral to treatment, medications etc...)	<input type="checkbox"/>	<input type="checkbox"/>
Recognizes the patient's need for substance use treatment based on their screening score and medical/behavioral factors.	<input type="checkbox"/>	<input type="checkbox"/>
Suggests the use of specific community and specialty resources.	<input type="checkbox"/>	<input type="checkbox"/>
Comments		

Motivational Interviewing Spirit (3 items)	Not Met	Met
Summarizes patient's stated reasons for change.	<input type="checkbox"/>	<input type="checkbox"/>
Negotiates a treatment plan in a collaborative manner.	<input type="checkbox"/>	<input type="checkbox"/>
Affirms the patient's strengths, ideas &/or successes.	<input type="checkbox"/>	<input type="checkbox"/>
Comments		

Cultural Sensitivity	Not Met	Met
Uses a manner that is culturally sensitive and relevant	<input type="checkbox"/>	<input type="checkbox"/>
Inquires about patient's cultural perspective on risky alcohol behavior &/or treatment	<input type="checkbox"/>	<input type="checkbox"/>
Inquires about cultural practices/rituals/social support impacting behavior change	<input type="checkbox"/>	<input type="checkbox"/>
Comments		