



Implementation of Screening, Brief Intervention, Referral to Treatment (SBIRT) in Medical Settings:

Build Capacity, Learn, and Network! This online learning series will provide 15 hours of instruction and will include blended activities of synchronous online groups and non-synchronous self-study related to the utilization and implementation of SBIRT services in a medical setting. There will be assigned articles, videos, and other resources relevant to the course that will be given to participants throughout the 6 weeks. Additional resources and content will be made available to participants through an online portal as well.

- Orientation to Technology- 1 hour online
- Overview of SBIRT and need for services– 2.5 hours (1.5 hours online, 1 hour self-study)
- Screens and a look at Brief Interventions- 2.5 hours (1.5 hours online, 1 hour self study)
- Effective Referrals to Treatment/Warm Handoff- 2.5 Hours (1.5 hours online, 1 hour self-study)
- Implementation of SBIRT into Medical Settings– 2.5 hours (1.5 hours online, 1 hour self-study)
- Integration of Behavioral Health into Medical Settings- 2.5 Hours (1.5 hours online, 1 hour self-study).
- Cultural Considerations/Co-Occurring Disorders-1.5 Hours (1. 5 hours online)

1) Course Objectives

- Learn foundational knowledge on core aspects essential to providing SBIRT services.
- Identify drug and alcohol screening tools for use in general, pregnant or adolescent populations cared for in a Health Care setting.
- Demonstrate an understanding of the main steps involved in a brief intervention
- Understand and utilize a warm handoff to facilitate referrals for high risk substance use behavior.
- Identify at least two implementation strategies towards integration that could be used in a health care setting.
- Demonstrate an understanding of how reduction of stigma may increase positive outcome of SBIRT in your service delivery.



- Name at least 2 terms that can be changed to less stigmatized language which can help to create a non-judgmental space for SBIRT services.
- Identify two issues that can be addressed to increase sustainability of SBIRT in a Health Care setting.
- Identify risk factors and signs of co-occurring disorders as well as other screening tools used to identify these.

Course Requirements and Meeting Schedule:

Week	Agenda/Topic	Assignment	DATE
	Orientation to Technology Session		
One	Welcome/Overview of SBIRT The basic components of these services and why they are so important to consider providing	View Video and Review Patient Scenarios and questions	
Two	Introduction to Screens and a closer Look at Brief Interventions Screens for different populations will be reviewed, as well as the steps to a Brief Intervention and utilizing the spirit of MI	View Videos and review Proficiency Checklist	
Three	Referral to Treatment/Warm Handoff: Making effective referrals, Resources in your community, utilizing technology	Activity on referral options and view video and consider questions	
Four	Implementation of SBIRT into Workflow: Tips, Hurdles, Strategies on BH Integration	View Video, Diagram workflow in your agency	
Five	Integration of BH Strategies in your agency, region, and state to integrate SBIRT and	Read Article and consider questions. Watch	

	other behavioral health into service delivery	videos: Screening for Alcohol Use During Pregnancy:	
Six	<p>Cultural Considerations/Co-Occurring Disorders</p> <p>Additional screening options for co-occurring disorders, prevalence of other disorders such as depression and anxiety, as well as cultural sensitivity in the implementation process</p>	Consider your next steps in SBIRT Implementation	