



## **SBIRT Implementation in Medical Settings**

### **Treatment Options in your Community**

### **Learning Activity Week 3**

**Start to look for Substance Use Disorder or Behavioral Health treatment options in your community, region, or on-line. Answer the following questions.**

1. Do you know what the treatment options are for different levels of substance use disorder treatment are in your state, region, or community? Who can you ask? Where can you find them? What does someone have to do to be assessed for a level of treatment needed?
2. Is there a good list or treatment finder in your area?
3. If you have a list, does someone keep the list up to date for easy use by your providers?
4. Do you have easy to read instructions for those receiving the referrals on how to contact community resources (phone numbers, names, address, intake process)
5. If these lists or resources are not available, what would be the steps to create them? Who would need to lead this or be involved?

➤ **Please review the following video clip:**

Johann Hari-NATCOM 2019-Understanding the Opioid Crisis

<https://www.youtube.com/watch?v=CwU98tMMqrc>

Consider the following questions and be prepared to discuss at our next session:

1. What is your initial reaction to the video? Do you agree with the information being presented?
2. What are your own biases about those that deal with substance use issues?
3. Are there any biases for those that have a co-occurring disorder within your treatment setting? How could these be addressed? How are referrals to outside treatment for these individuals managed? Is it culturally sensitive? Could it be improved? If so, how?
4. After considering these questions, perhaps discuss this concept with a colleague. Discuss how your agency has decided to approach treatment for those who have a SUD?