

SBIRT Implementation in Medical Settings




**ENHANCED PROFESSIONAL
LEARNING SERIES**



ATTC

Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

Workflow and Integration of Behavioral Health into Medical Settings

Week #5

Welcome

- Check in
- Review Learning Activity-Workflow in your agency

Presentation

- Integration of Behavioral Health into Medical Setting
- Behavioral health Interventions
- Lessons Learned

Summary

- Preview of next week
- Review Next Week's Learning –Article and Observation Checklist
- Questions



**Let's Talk about your Learning
Activity!**

What does the
Workflow look like
through the eyes
of your patients?



CARE TO SHARE!

1. Who is the first point of contact in the SBIRT process in your agency's workflow?
2. What does your process look like?
3. What are your agency's next steps?

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Integration=Opportunity



When should we try to do something?



Integration or Integration?

- Health and Substance Use Disorder
Integration
- VS.
- Behavioral Health and Medical Health Integration

A start to Integration...

- Education/Awareness of staff, patients, public
- Reduce the Stigma
- Secure Feedback loops between BH providers and medical providers
- Being conscience of the powerful words we use (BH consultant)(not crazy, psycho, wackadoodle)
- Partnering with local BH providers to provide consult (BHC or psychiatry)
- Development of multidisciplinary teams
- Participate in Webinars-free, less time
- Use staffing time to bring in a BH topic-quarterly or monthly
- Pamphlets available in the waiting room
- Help sponsor community efforts for awareness
- Participate on coalitions in community
- Start asking the question and opening that can of worms-Screens



How Comfortable
are you talking
about substance
use/mental
illness?

What do we expect to see?

How important is self awareness in treatment?

What Biases do we bring into the room?



SCREENS

Maternal Behavioral Health

www.brightfutures.org



<https://www.postpartum.net/>

ASQ-Ages and Stages Questionnaire

- Developmental Screen 4-60 months

Edinburgh Post Natal Depression Scale

- Post Natal Depression Screen

PHQ-9

- Universal Depression Screen

*Referrals could be made in house,
Developmental Service Providers or other BH
providers in community

PATIENT HEALTH QUESTIONNAIRE-9 (PHQ-9)

Over the last 2 weeks, how often have you been bothered by any of the following problems?
(Use "✓" to indicate your answer)

	Not at all	Several days	More than half the days	Nearly every day
1. Little interest or pleasure in doing things	0	1	2	3
2. Feeling down, depressed, or hopeless	0	1	2	3
3. Trouble falling or staying asleep, or sleeping too much	0	1	2	3
4. Feeling tired or having little energy	0	1	2	3
5. Poor appetite or overeating	0	1	2	3
6. Feeling bad about yourself — or that you are a failure or have let yourself or your family down	0	1	2	3
7. Trouble concentrating on things, such as reading the newspaper or watching television	0	1	2	3
8. Moving or speaking so slowly that other people could have noticed? Or the opposite — being so fidgety or restless that you have been moving around a lot more than usual	0	1	2	3
9. Thoughts that you would be better off dead or of hurting yourself in some way	0	1	2	3

PHQ-9
Screening Tool for
Depressive
Symptoms

GAD-7

Screening tool for Anxiety

GAD-7				
Over the <u>last 2 weeks</u> , how often have you been bothered by the following problems? <i>(Use "✓" to indicate your answer)</i>	Not at all	Several days	More than half the days	Nearly every day
1. Feeling nervous, anxious or on edge	0	1	2	3
2. Not being able to stop or control worrying	0	1	2	3
3. Worrying too much about different things	0	1	2	3
4. Trouble relaxing	0	1	2	3
5. Being so restless that it is hard to sit still	0	1	2	3
6. Becoming easily annoyed or irritable	0	1	2	3
7. Feeling afraid as if something awful might happen	0	1	2	3

(For office coding: Total Score T___ = ___ + ___ + ___)

Make them
Powerful....





Are you taking medicine for **opioid use disorder** and are **pregnant** or **thinking about having a baby**?

Talk to your healthcare team if you are or are trying to become pregnant. Speak with your medical provider before you make any changes in your medication. Your doctor and therapist can help you have a healthy pregnancy and a healthy baby.


Notify your healthcare team as soon as you become pregnant.

You can continue taking methadone or buprenorphine for opioid use disorder while pregnant. When managed by your doctor, these medicines can be part of a healthy pregnancy. Many women and their babies do well while continuing medicine during pregnancy.

Opioid use disorder is manageable. Medicine and behavioral therapy or counseling during your pregnancy can lead to a healthy pregnancy and a healthy baby.

Being stable in recovery is the best chance for having a healthy baby. You should not use any illicit drugs or alcohol before and during your pregnancy.

If you don't want to become pregnant, talk to your care team about family planning options.



SAMHSA
Substance Abuse and Mental Health
Services Administration

SAMHSA's mission is to reduce the burden of substance abuse and mental illness on America's communities.
1-877-SAMHSA (711) | 202-584-4627 | 1-800-487-4889 (TDD)
www.samhsa.gov
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Find a treatment provider, visit: <https://www.samhsa.gov/find-help>

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https://store.samhsa.gov/sites/default/files/d7/images/pages_from_pregnancy-poster_508.jpg

https://store.samhsa.gov/product/988-suicide-crisis-lifeline-hope-poster?referer=from_search_result



There is hope. If you or someone you know needs support now, call or text 988 or chat 988lifeline.org



988 SUICIDE & CRISIS LIFELINE



WANTED
YOUR
EXPIRED MEDICATIONS



**HELP PREVENT PRESCRIPTION &
OVER THE COUNTER DRUG ABUSE/MISUSE**
BY DISPOSING THEM HERE:

BAYONNE POLICE DEPARTMENT SECAUCUS POLICE DEPARTMENT
GUTTENBERG POLICE DEPARTMENT NORTH BERGEN POLICE DEPARTMENT

You could also
Develop Your
own

CENTER OF EXCELLENCE for Integrated Health Solutions

Funded by Substance Abuse and Mental Health Services Administration and operated by the National Council for Mental Wellbeing

<https://www.thenationalcouncil.org/program/center-of-excellence/resources/>

ADVANCING INTEGRATION OF GENERAL HEALTH IN BEHAVIORAL HEALTH SETTINGS

A CONTINUUM-BASED
FRAMEWORK

CMO
MONTEFIORE CARE MANAGEMENT

NY THE NEW YORK
COMMUNITY
TRUST

NATIONAL COUNCIL
for Mental Wellbeing

Designing, Implementing and Sustaining
Physical Health-Behavioral Health Integration

THE COMPREHENSIVE HEALTHCARE INTEGRATION FRAMEWORK



April 2022

NATIONAL COUNCIL
for Mental Wellbeing

ORAL HEALTH, MENTAL HEALTH AND SUBSTANCE USE TREATMENT

A Framework for Increased Coordination and Integration



NATIONAL
COUNCIL
for Mental
Wellbeing

CENTER OF EXCELLENCE
for Integrated Health Solutions

Funded by Substance Abuse and Mental Health Services Administration
and operated by the National Council for Mental Wellbeing

Behavioral Health Interventions



• Mental Health

- Self Help/Support Groups
- Individual Therapy
- Group Therapy
- Family Therapy
- Case Management
- Intensive Outpatient
- Inpatient Psychiatric

• Substance Use Disorders

- Self Help/Support Groups
- Individual Counseling
- Group Counseling
- Intensive Outpatient
- Detox
- Inpatient/Residential

It is helpful to have Pharmacotherapy as part of your referral system!



Technology

Kiosks or tablets for conducting screens



Assist in Warm Handoff Process



Apps to support recovery



Telehealth for referrals to treatment

Innovative Ideas

Professional Consulting Time
(Pharmacist, Psychiatry)

Professional Programs-
Internships

Telehealth-University
Assistance

RX tracking in your state

Interdisciplinary
Initiatives



SBIRT



ENHANCED PROFESSIONAL LEARNING SERIES

Workwise
Online Learning for the Behavioral Health Workforce



ATTC

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I'm running low on overall enthusiasm.

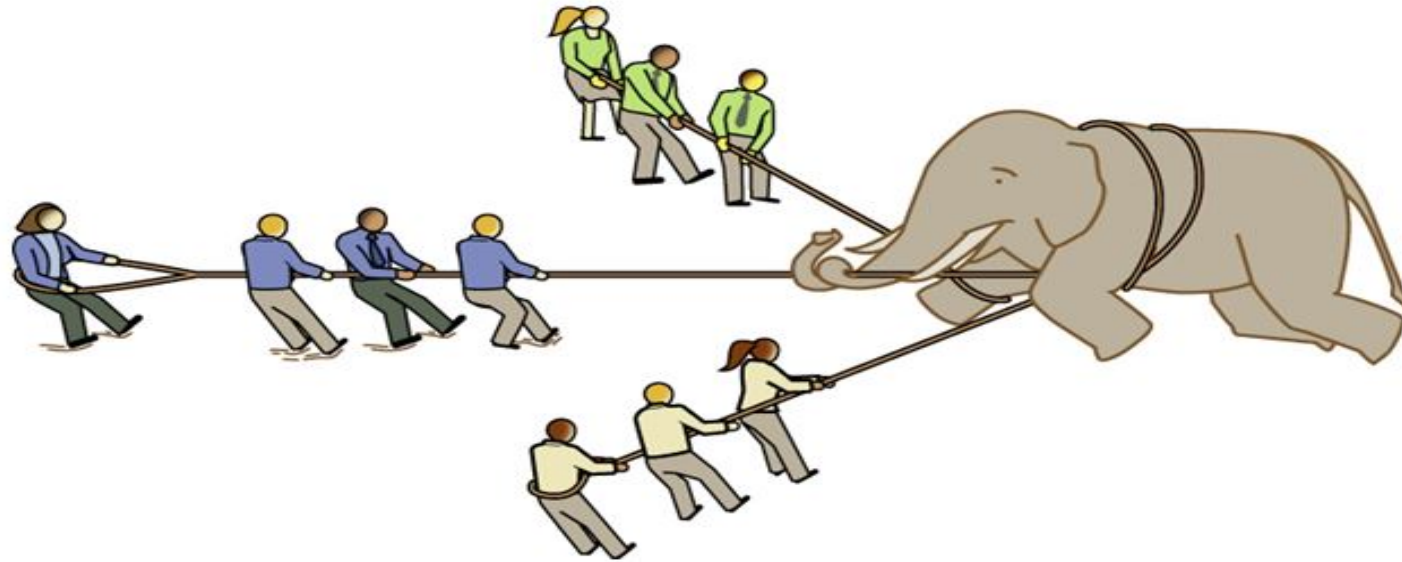


Lesson #1-These practices work best when they are part of what we do not in ADDITION to what we do.



- You can take it one step further and have a representative from the population that will be receiving the services involved too!

Lesson #2-Have people providing the service involved in the process of implementing the service...



Lesson #3- Buy in and Training are key elements to changing the culture...that means everyone!!



Lesson #4-Implementation works best when it makes sense in your setting.

Lesson #5- The skills used to provide SBIRT work well with other human beings for other things.



**Break out Rooms:
How will you address your
challenges?**

- Funding
- Training
- People
- Technology
- Time



A graphic for the Adopt SBIRT campaign. On the left, a dark blue silhouette of the state of Nevada is shown. Inside the silhouette, two hands are reaching towards each other, with a bright blue energy or spark between them. Above the hands, the text "Improving and strengthening Nevada's healthcare system" is written in white. To the right of the Nevada silhouette, the words "Adopt SBIRT" are written in large, bold, blue letters. Below this, the full name "Screening, Brief Intervention & Referral to Treatment for Opioid Use Disorders" is written in white text on a dark blue background.

Improving and strengthening
Nevada's healthcare system

Adopt SBIRT

Screening, Brief Intervention & Referral
to Treatment for Opioid Use Disorders

<https://www.nvopioidresponse.org/adopt-sbirt/>

- [Reference Guide for Reproductive Health Complicated by Substance Use](#)
- [Reference Guide for Labor and Delivery Complicated By Substance Use](#)



Last Week in this
series...

**Cultural
Considerations
and Co-Occurring
Disorders**

***Sneak Peek at
next week***

- Please review the following article and consider questions.

Manuel, J., Satre, D., Tsoh, J., Moreno-John, G., Ramos, J., McCance-Katz, E., & Satterfield, J. (2015). Adapting screening, brief intervention and referral to treatment (SBIRT) for alcohol and drugs to culturally diverse clinical populations. *Journal of Addiction Medicine*, 9(5), 343-351. doi:10.1097/ADM.000000000000150.

- **PREGNANCY:**

Screening for Alcohol Use During Pregnancy: Four Different Scenarios

https://www.youtube.com/watch?v=qlwqTQh_Hlo

Before watching these videos, think about your biases surrounding pregnant women who use alcohol or drugs during pregnancy.

Please be prepared to discuss your answers in our next session!



QUESTIONS?

