## Words Become our World...



## Think about NOT saying...

- John's UA is dirty
- "Another junkie in room 5"
- He is just an addict
- He keeps screwing up
- You are never going to change

## **Use This INSTEAD...**

- UA was positive for X substance
- She has a Substance Use Disorder and needs help
- He is a person in sustained recovery from opioids
- She had a slip or a relapse
- There is always HOPE that people <u>can</u> change (It doesn't guarantee they will and sometimes it is not on our timeframe)