

Adolescent Guidelines

Week 7

Special Populations Deserve Special Considerations

How are they different?

How is the use of social media different?

Best practice guidelines for adolescents.



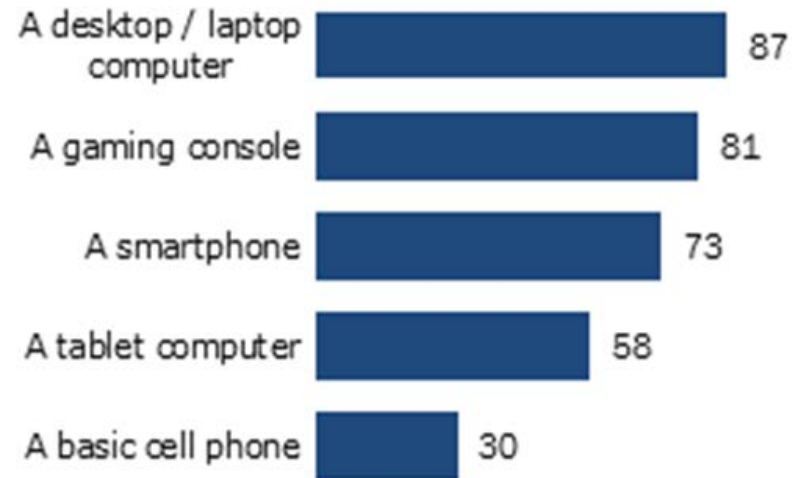
How familiar are clients with technology and the internet?



A Typical Teen Sends and Receives 109 Texts a Day

Teens' Phone, Computer & Console Access

% of all teens who have or have access to the following:

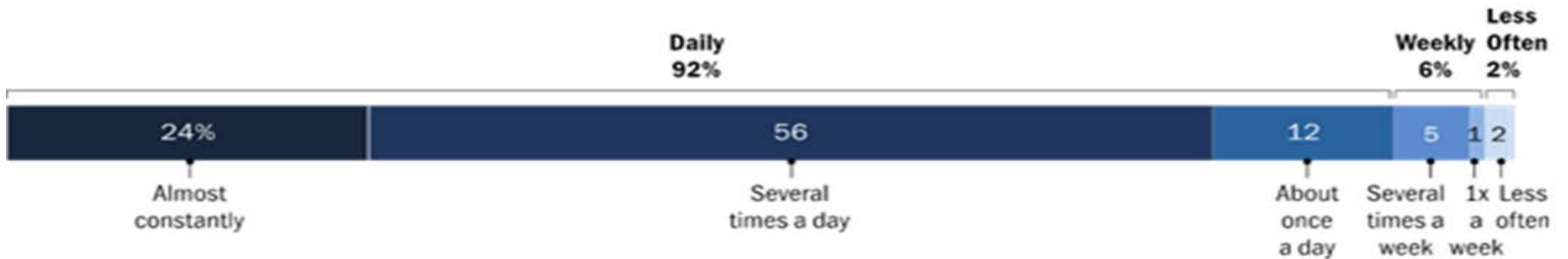


Source: Pew Research Center's Teens Relationships Survey, Sept. 25-Oct. 9, 2014 and Feb. 10-Mar. 16, 2015 (n=1,060 teens ages 13 to 17).

11% of Cell-Owning Teens Use Anonymous Sharing or Question Apps, i.e. Whisper, YikYak

Frequency of Internet Use by Teens

% of teens ages 13 to 17 who use the internet with the following frequencies



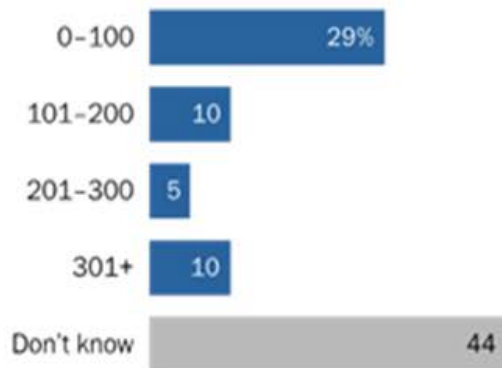
Source: Pew Research Center's Teens Relationships Survey, Sept. 25-Oct. 9, 2014 and Feb. 10-Mar. 16, 2015. (n=1,016 teens ages 13 to 17).

What are friends?

Typical Twitter-using Teens Have 95 Twitter Followers

% of teen Twitter users who have a network of followers of this size

NUMBER OF FOLLOWERS



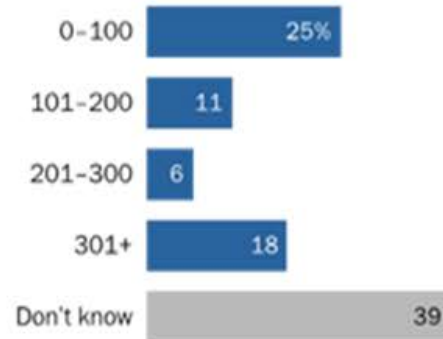
Source: Pew Research Center's Teens Relationships Survey, Sept. 25-Oct. 9, 2014 and February 10-March 16, 2015. (n=349 teens ages 13 to 17).

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A Typical Instagram-Using Teen Has 150 Followers

% of teen Instagram users who have a network of followers of this size

NUMBER OF FOLLOWERS



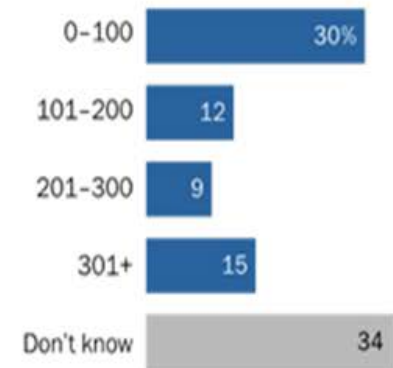
Source: Pew Research Center's Teens Relationships Survey, Sept. 25-Oct. 9, 2014 and February 10-March 16, 2015. (n=534 teens ages 13 to 17).

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A Typical Facebook User Has 145 Facebook Friends

% of teen Facebook users who have a friend network of the following size

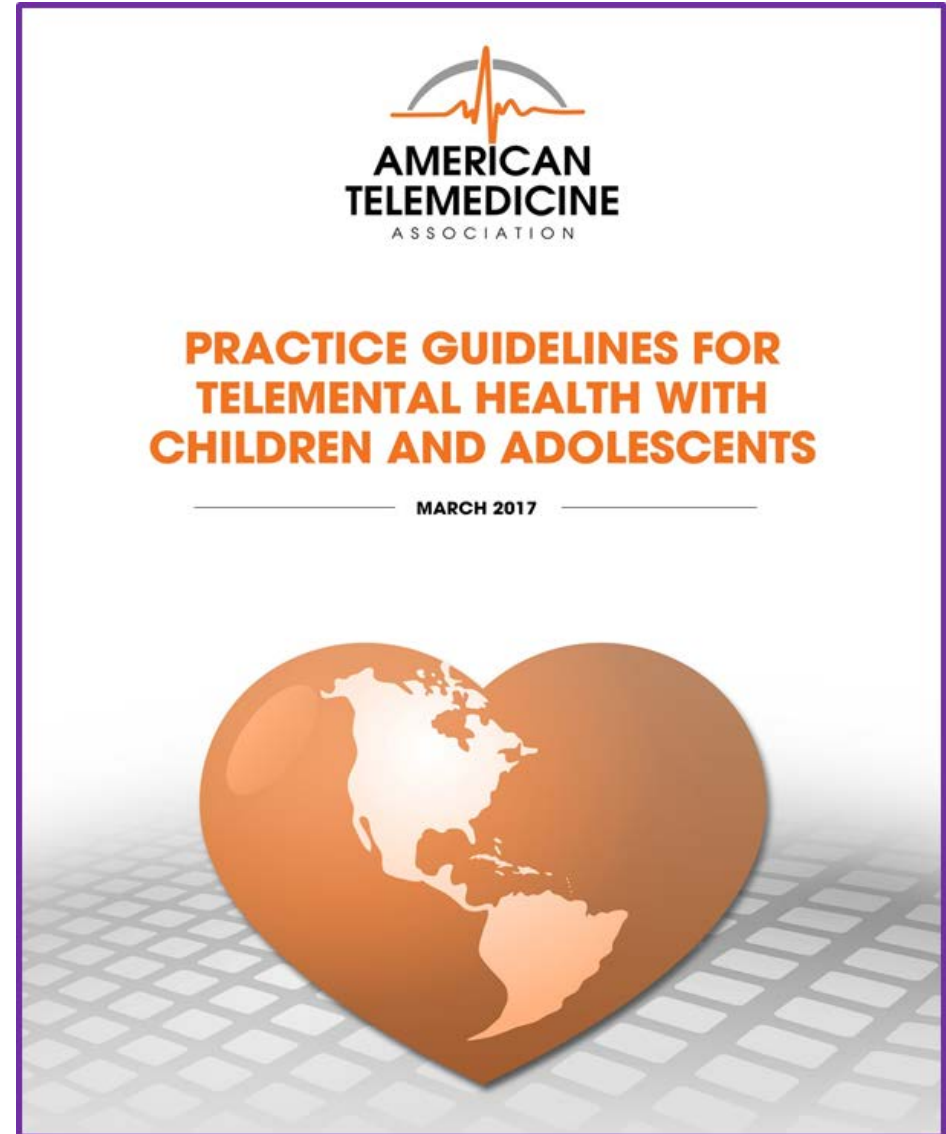
NUMBER OF FRIENDS



Source: Pew Research Center's Teens Relationships Survey, September 25-October 9, 2014 and February 10-March 16, 2015. (n=737 teens ages 13 to 17).

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American Telemedicine



Special Population Considerations

- Different diagnoses for youth
- Assessments include adult input
- Interventions include the caregiver
- Providers are more varied, behavior analyst, special education teachers, etc.

Special Population Considerations

Workforce Issues

- Youth trained providers are few in comparison to the need

Location of Services

- Youth are at home, school, treatment centers, juvenile justice centers

Special Population Considerations

Medication Management:

- Ryan Haight Online Pharmacy Consumer Protection Act of 2008
- Requires in-person evaluation prior to prescribing online
- Review your state and federal DEA guidelines!

Assessing Appropriateness

- Always assess for youth AND parent preferences
- Developmental and diagnostic considerations
- Does parent have resources to deal with risks
- Can child follow instructions without local adult involvement

Assessing Your Style of Therapy

- Space for parents and others
- Play therapy?
- Drawing space for diagnostic work
- Good cameras for diagnostic work

Assessing Appropriateness

Safety Measures:

If offsite is there someone there to monitor the child and family -
example – child runs out, anger management group acting out