

# American Society of Addiction Medicine (ASAM) Criteria, 3<sup>rd</sup> Edition

#### ASAM Integration: Six Dimensional Assessment through the Continuum of Care

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Mountain Plains ATTC (HHS Region 8)

Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration





# Partnership with ATTCs

- ASAM worked with ATTC Network Coordinating Office on a permission agreement covering the whole ATTC network
- Ensuring all ATTCs can continue their important work, uninterrupted
- Will require a disclaimer on presentations and other materials
  - ASAM working to develop a trainer/training program endorsement process



#### ATTCs may train and/or provide TA on ASAM criteria

- NCO is entering into an agreement with ASAM to satisfy licensing requirements so that there is NO COST to ATTC regional or national focus centers
- ATTCs may provide training and TA on the ASAM criteria through your ATTC project (e.g., a training you would GPRA)
  - Slides or other materials on The ASAM Criteria must include the disclaimer
- ATTC must vet and ensure that your trainer is knowledgeable and qualified to provide the training or deliver the TA – no additional certification of your trainer is required
- ATTC must monitor your training/TA numbers if you go above the estimates you sent to the NCO, let the NCO know – otherwise, no reporting is required beyond regular ATTC reporting requirements



### **ASAM Disclaimer**

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# ASAM Overview, Guiding Principles and Levels of Care

Session 1





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# **Participant Introductions**

- Name
- What ASAM levels of care are offered at your agency?
- Do you have any non ASAM or hybrid type services at your agency?



### **ASAM Overview**

- This series is based on The American Society of Addiction Medicine (ASAM) Criteria: Treatment Criteria for Addictive, Substance-Related, and Co-Occurring Conditions, 3<sup>rd</sup> Edition
- ASAM is designed to:
  - help clients receive the most appropriate and highest quality of treatment based on their individual needs
  - encourage the development and utilization of a continuum of care



# The ASAM Criteria offers a system for improving the modality match through the use of multi-dimensional assessment and treatment planning that allows for a more objective evaluation of client outcomes.



# **ASAM Guiding Principles**

- Move from 1 Dimensional to Multi-dimensional assessment
- Determining medical necessity and clarifying the role of the physician
- A focus on clinically driven and outcomes-driven treatment
- Variable length of service with a broad and flexible continuum of care
- Clarifying goals of treatment and moving away from 'treatment failure'
- Interdisciplinary team approach to care
- Engaging with informed consent



# **ASAM 6 Dimensions**

- 1. Acute Intoxication and/or Withdrawal Potential
- 2. Biomedical Conditions and Complications
- 3. Emotional, Behavioral, or Cognitive Conditions and Complications

Exploring an individual's past and current experiences of substance use and withdrawal

Exploring an individual's health history and current physical condition

Exploring an individual's thoughts, emotions, and mental health issues



# **ASAM 6 Dimensions**

- 4. Readiness to Change
- 5. Relapse, Continued Use, or Continued Problem Potential
- 6. Recovery/Living Environment

Exploring an individual's readiness and interest in changing Exploring an individual's unique relationship with relapse or continued use or problems

Exploring an individual's recovery or living situation, and the surrounding people, places, and things



# **ASAM Levels of Care**

- Level 0.5 Early Intervention
- Level 1 Outpatient
- Level 2.1 Intensive Outpatient
- Level 2.5 Partial Hospitalization



# **ASAM Levels of Care**

- Level 3.1 Clinically Managed Low-Intensity Residential
- Level 3.3 Clinically Managed Population-Specific High Intensity Residential (adult only)
- Level 3.5 Clinically Managed High-Intensity Residential (adult)
- Level 3.5 Clinically Managed Medium-Intensity Residential (adolescent)



# **ASAM Levels of Care**

- Level 3.7 Medically Monitored Intensive Inpatient (adult)
- Level 3.7 Medically Monitored High-Intensity Inpatient (adolescent)
- Level 4 Medically Managed Intensive Inpatient
- Opioid Treatment Services



## ASAM Withdrawal Management Levels of Care

- Level 1-WM: Ambulatory Withdrawal Mgmt. without Extended On-site Monitoring
- Level 2-WM: Ambulatory Withdrawal Mgmt. with Extended On-site Monitoring
- Level 3.2-WM: Clinically managed Residential Withdrawal Management
- Level 3.7-WM: Medically Monitored Inpatient Withdrawal Management
- Level 4-WM: Medically Managed Intensive Inpatient Withdrawal Management



#### Case Study & Session 2 Learning Activity

Read ASAM Chapter 3

Choose 1 of the 3 case studies available. You will use throughout the series

Complete a portion of the 6 Dimensional Template: complete the questions only

